



Bat Mitzvah Club

5784 | 2023-24

A project of Chabad Jewish Community Center
Serving Folsom, El Dorado Hills & The Surrounding Region
Yudit@jewishfolsom.org





Are you all caught up with the theme, the clothing and the party favors, but clueless about the meaning? Do you think a Bat Mitzvah ends, or begins, with your party?

Join the Bat Mitzvah Club and find out what it's really all about!

At the BMC, girls learn about Judaism, meet other Jewish girls the same age and have loads of fun!

The Bat Mitzvah club shows girls why a Bat Mitzvah is much more than a party. Learn what it really means to be a Bat Mitzvah in the modern world. Get to know your Jewish self through art, creative writing and community outreach. Discuss hot topics, share your interests, goals, hopes and dreams and record your thoughts and ideas in your very own club journal. Express yourself!

Join the Bat Mitzvah club and give yourself the best gift of all: self confidence, Jewish pride and lasting friendships. These are the Bat Mitzvah gifts that last a lifetime. Because a Bat Mitzvah is really not about the party. It's about **YOU**.





"Who Am I and Why am I Here?"

An introduction to the concept of "Bat Mitzvah" as well as a deeper look into the role of a Jewish, young woman.

"Am I Making History?"

A look back at the female role models through time and how they made it into our history books.

"Rachel - A True Jewish Mother"

How can I make sure I, at times, put the will of others before mine? The true meaning of "giving way to others."

"Sarah - A Miraculous Source of Light"

The Jewish woman brings in the serenity of Shabbat. Gain a deeper appreciation for the woman's role in Shabbat.

"Rivka - A Rose Amongst Thorns"

Am I strong enough to stand up for what's right... even if I'm standing alone? Figure out how!

"Chana and Yehudit - A True Story of Self Sacrifice"

The courage, bravery and self sacrifice of the women who brought about the Chanukah miracle. !

"Rachel, the Wife of Akiva - Learning and Beyond"

Educating ourselves is one of the first steps to appreciating our Judaism. Find out the power of learning and knowledge.

"The Truth About the Split Hooves"

As women, we'll be the primary ones in the kitchen. Have a blast finding out about kosher!

"Miriam - A Woman of Faith"

Through Miriam's faith, the Jewish people were redeemed from Egypt. How can we have that same faith?

"Fruit - Nature's Candy"

A holiday for trees? Find out what that's about and enjoy some art through nature.

"Rebbetzin Chaya Mushka Schneerson - A Reflection of Inner Beauty"

Discover the importance of focusing on your inner beauty and the meaning of the adage "the beauty of a princess is within".

"Rebbetzin Chana and the Mitzvot of the Jewish Woman"

Chana is an acronym for the 3 Mitzvot of the Jewish woman.

"A Tour Through Living Waters - The Mikvah"

Many sacred and holy responsibilities are entrusted in the hands of the Jewish woman. Find out what they are and enjoy a tour of the Mikvah!

"Queen Esther - Living Behind a Mask"

To survive life in the palace, Queen Esther masked her Judaism. How many masks have you put on? Learn to be yourself, and be proud!

"Me - The Jewish Heroine of the Next Generation"

How can you take everything you have learned and make sure you are the next Jewish heroine?



FAQ's

What are the dates and times that the BMC is meeting?

Bat Mitzvah Club meetings take place once every other week, on a weeknight from October to April.

The meetings run for 1 ½ hours.

Time: 4:30-6 pm

Where do the BMC meetings take place?

BMC meetings take place at Chabad of Folsom & El Dorado Hills.

302 South Lexington Dr, Folsom.





Dates & Rates:

Dates

First Class: Sunday, October 15, 2023

(See Flyer including all dates for the year)

Rates

Registration Fee: \$125

Bat Mitzvah Club Cost: \$650 (Includes all supplies & special BMC swag)
(12 lessons with Yudit)

Bat Mitzvah Celebration Preparation & Ceremony: \$350
(with Goldie)

